



WALDEN

A Pyramid Healthcare Company

Help for Today; Hope for Tomorrow



BEACON OF HOPE

A Recovery & Wellness Center

At Beacon of Hope, we offer a safe and relaxing environment for those seeking positive change in their lives. Programming includes a wide variety of weekly support groups and activities that are **free** to the public.

We welcome those who are:

- ✦ Struggling with behavioral health issues
- ✦ New to recovery
- ✦ Maintaining recovery or in long-term recovery
- ✦ Loved ones of those who are struggling or in recovery

Peer Recovery Coaching

Beacon of Hope staff are peer specialists who combine lived experience in recovery with training to offer individualized recovery coaching, phone recovery checks, help overcoming barriers to recovery, and facilitated support groups such as SMART Recovery, Refuge Recovery and All Recovery. A variety of 12 step meetings are also hosted at the center.

Family Support

Weekly support groups offered for families include SMART Family and Friends and AI Anon. The center also offers grief recovery outreach and activities.

Hours: Monday: 11:00am - 7:00pm
Tuesday: 11:00am - 7:00pm
Friday: 11:00am - 10:00pm
Saturday: 10:00am - 6:00pm
Sunday: 11:30am - 2:30pm

No appointment necessary!

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