



WALDEN

A Pyramid Healthcare Company

Help for Today; Hope for Tomorrow



THE COVE/DFZ

Safe & Sober Support for Young People

The Cove/DFZ (Drug Free Zone) program offers a menu of fun and helpful options for youth ages 12-17. Youth who have had personal or family-related behavioral health, drug or alcohol misuse concerns are eligible for this free program.

The Cove operates on a year-round schedule connecting youth in the program with adult mentors for individualized and group activities. The program conveniently offers free transportation to and from the facility.

Activities Include:

- ✦ Life skills/coaching
- ✦ Screening and referral sources
- ✦ Wellness education and support groups
- ✦ Academic support
- ✦ Employment readiness
- ✦ Volunteering/community service
- ✦ Recreational and cultural activities

How to enroll:

Call 240-538-1679 for a quick phone screening or stop by any Walden location to request enrollment forms.

About Us

Since 1973, Walden has grown and evolved to meet the needs of individuals and families in southern Maryland with behavioral health issues and crisis concerns. Today, we offer a full continuum of substance use residential and outpatient treatment options, mental health therapy and recovery support. Our programs are licensed by the state of Maryland and accredited by CARF.

Serving all of St. Mary's County, MD

P: 240-538-1679

PyramidWalden.com

