



WALDEN

A Pyramid Healthcare Company

Help for Today, Hope for Tomorrow

ADULTS AND
ADOLESCENTS

CO-OCCURRING
DISORDERS
TREATMENT

INDIVIDUAL
COUNSELING

TELEHEALTH
AVAILABLE



Lexington Park
21770 FDR Blvd.
Lexington Park, MD 20653

Waldorf
85 Smallwood Village Center
Suite 4
Waldorf, MD 20602
24/7 ADMISSIONS
(301) 997-1300
pyramidwalden.com

OUTPATIENT PROGRAMS

Located in Maryland, our licensed and accredited Lexington Park and Waldorf programs provide assessments and individualized outpatient treatment for adults and adolescents struggling with substance use and co-occurring mental health disorders.

Designed to meet the specific needs of each individual, our counselors and clinicians work with each client to develop a treatment plan appropriate for their lifestyle and healthcare needs.

We Offer:

- ✦ Intensive Outpatient treatment
- ✦ Outpatient treatment
- ✦ Medication Assisted Treatment (MAT) maintenance
- ✦ Co-occurring disorders treatment
- ✦ Family education and support
- ✦ Individual and group therapy
- ✦ Family and couples therapy
- ✦ Medication management
- ✦ Telehealth, in person, or a hybrid of services

Walden accepts Maryland Medicaid and most commercial medical insurances.

PROGRAMS & LOCATIONS



LOCATION

- 1 Charlotte Hall
- 2 California
- 3 Lexington Park
- 4 Waldorf
- 5 Harford County

PROGRAM

PROGRAM	1	2	3	4	5
Mental Health	•	•	•	•	•
Substance Use	•	•	•	•	•
Detox	•				•
Residential	•	•			•
Intensive Outpatient			•	•	
Partial Care			•		
Outpatient			•	•	
Recovery Support	•	•	•	•	•
Walk-in Assessments			•	•	
Community Centers			•		
Problem Gambling		•	•	•	
Adults	•	•	•	•	•
Adolescents			•		

Help for Today, Hope for Tomorrow

Since 1973, Walden has grown and evolved to meet the needs of individuals and families in Maryland with behavioral health issues and crisis concerns.

Today, we offer a full continuum of detox, residential, and outpatient treatment options, mental health therapy, and recovery support for adults and adolescents at 5 locations across Maryland.

Maryland Medicaid plans, state funding, most major insurance plans, and self payment are accepted. The Harford County program also accepts Delaware Medicaid.

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